



Parishkar College of Global Excellence
(Autonomous), Jaipur

University Grants Commission (UGC)
Course: PSYCHOLOGY
Programs: B.A., B.A. Honours, B.Sc., B.Sc. Honours

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PREAMBLE

The University Grants Commission (UGC) has initiated several important measures taken to enhance academic standards and quality in higher education include innovation and improvements in curriculum, teaching-learning process, examination and evaluation systems, besides governance and other matters. The UGC has formulated various regulations and guidelines from time to time to improve the higher education system and maintain minimum standards and quality across the Higher Educational Institutions (HEIs) in India. The academic reforms recommended by the UGC in the recent past have led to overall improvement in the higher education system. The HEIs must have the flexibility and freedom in designing the examination and evaluation methods that best fits the curriculum, syllabi and teaching-learning methods, there is a need to devise a sensible system for awarding the grades based on the performance of students.

Presently the performance of the students is reported using the conventional system of marks secured in the examinations or grades or both. The grading system is considered to be better than the conventional marks system and hence it has been followed in the top institutions in India and abroad. So it is desirable to introduce uniform grading system. This will facilitate student mobility across institutions within and across countries and also enable potential employers to assess the performance of students. To bring in the desired uniformity, in grading system and method for computing the cumulative grade point average (CGPA) based on the performance of students in the examinations, the UGC has formulated these guidelines.

CHOICE BASED CREDIT SYSTEM (CBCS)

The CBCS provides an opportunity for the students to choose courses from the prescribed courses comprising core, elective/minor or skill-based courses. The courses can be evaluated following the grading system, which is considered to be better than the conventional marks system. Therefore, it is necessary to introduce uniform grading system in the entire higher education in India. This will benefit the students to move across institutions within India to begin with and across countries. The uniform grading system will also enable potential employers in assessing the performance of the candidates. In order to bring uniformity in evaluation system and computation of the Cumulative Grade Point Average (CGPA) based on student's performance in examinations, the UGC has formulated the guidelines to be followed.

Outline of Choice Based Credit System:

1. Core Course: A course, which should compulsorily be studied by a candidate as a core requirement is termed as a Core course.

2. Elective Course: Generally, a course which can be chosen from a pool of courses and which may be very specific or specialized or advanced or supportive to the discipline/ subject of study or which provides an extended scope or which enables an exposure to some other discipline/subject/domain or nurtures the candidate's proficiency/skill is called an Elective Course.

2.1 Discipline Centric Elective (DCE) Course: Elective courses may be offered by the main discipline/subject of study is referred to as Discipline Specific Elective. The College may also offer discipline related Elective courses of interdisciplinary nature (to be offered by main discipline/subject of study).

2.2 Dissertation/Project: An elective course designed to acquire special/advanced knowledge, such as supplement study/support study to a project work, and a candidate studies such a course on his own with an advisory support by a teacher/faculty member is called dissertation/project.

2.3 Generic Elective (GE) Course: An elective course chosen generally from an unrelated discipline/subject, with an intention to seek exposure is called a Generic Elective. P.S.: A core course offered in a discipline/subject may be treated as an elective by other discipline/subject and vice versa and such electives may also be referred to as Generic Elective.

Duration of the Course

The duration of B.A. in Psychology shall be of three academic years. Each year shall be divided in two semesters i.e. semester-1, semester-2. Accordingly, the three years shall consist of six semesters. However, a student is required to pass out the said course within a maximum period of 3 years from the date of admission to 1st semester where after he/she shall stand unfit for the course.

Course Description

The student will have to study 4 core courses, 4 generic courses for successful completion of the B.A. degree Program.

Course Assessments

1. Assessments will be in form of written exams, Assignments and lab work.
2. Examinations in one semester will be one midterm and one final.
3. Assignments will be judged upon the timely submission and contents.
4. Lab work will be assessed as routine lab work, lab assignment and project.

Grading system

Grades for one semester would depend on routine work of a student. It will be in form of written exams, assignments and projects.

Projects and Assignments will be graded for total 10 marks, with a division of timely submission and content of the assignment.

Midterms, project and assignment grades will be converted into internal marks earned by the students and will reflect in for final markings.

Grading Scheme:

Mid-term Exam

Final Exam

Assignment

Project (including a paper and poster)

To qualify the grade, minimum 50% is required.

List of Papers and Courses

A) Discipline Specific Core Course (4+2)

1. Paper I- Foundation of Psychology (Revised)
2. Paper-II – Introduction to Social Psychology (Revised)
3. Paper-III- Psychological Disorders (Revised)
4. Paper-IV- Statistical Methods and Psychological Research (Revised)

B) Ability Enhancement (Elective) Skill Based (4+2)

- 1) Experimental Psychology (Newly Added)
- 2) Child Developmental Psychology (Newly Added)
- 3) Positive Psychology
- 4) Developing Emotional Competence (Revised)

C) Discipline Specific Elective Course (4+2)

- 1) Industrial/ Organizational Psychology (Revised)
- 2) Counseling Psychology (Revised)

D) Generic Elective -2 (Interdisciplinary): (4+2)

- 1) Positive Psychology
- 2) Psychology Of Gender
- 3) Self And Personal Growth

Course based on Universities :

- ❖ University Grant Commission's (UGC, CBCS)
- ❖ Oxford University
- ❖ Stanford University
- ❖ Delhi University
- ❖ Guru Jambheshwar University Of Science And Technology, Hisar
- ❖ Kurukshetra University
- ❖ Rajasthan University (RU)

CORE COURSES
SEMESTER I
FOUNDATIONS OF PSYCHOLOGY

Course Description

Credits-4+2 (60 Hours)

- ❖ The student who opts core subject of Psychology, after completion of the first year, his/her core subject of Psychology will be treated as a generic elective.
- ❖ Objectives: To understand the basic psychological processes and their applications in everyday life.

All unites are Compalsary

Marks: 70

Unit 1: Introduction (15 hours)

Psychology: a science and its perspective, origin and development of psychology, Basic school of psychology.

Methods- Observation, Case study, Surveys and Experimental, Scope of psychology, Goals, Branches and Subject matter.

Unit 2: Cognitive Processes (15hours)

Sensory processes: Structure and Functions of eyes and ear.

Perception, nature of perception, laws of perceptual organization, learning conditioning, observational learning; memory-processes, information processing model, techniques for improving memory, cues of depth perception.

Unit 3: Motivation and Emotion (15hours)

Motives: biogenic and Sociogenic. Motivation-meaning and approaches-instinct, drive-reduction, Arousal, incentive and humanistic.

Emotions: Elements: Physiology, expression and subjective experience, key emotions

Theories: Cannon-Bard, James-Lange, Schachter-Singer.

Unit 4: Personality and Intelligence (15hours)

Personality: Nature, defination; Type and theories: trait theories-Allport, Cattell

Personality Assessment- self- report inventories, projective tests and behavioural assessments.

Intelligence: nature, Definition; theories- Spearman, Guilford, cattell, Sternberg, Gardner, meaning of IQ; intelligence tests.

Practical:

1. EPI/ EPQ
2. Sound Localization
3. Study of Emotions
4. Verbal test of intelligence
5. Test of motivation
6. Experiment on form perception/ Depth perception
7. Rational colour zone/colour blindness.
8. Simple reaction time
9. Performance test of intelligence
10. 16 PF Questionnaire

(5 experiments/tests are to be conducted out of the above mentioned 10 areas from the syllabus.)

REFERENCES

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- Baron**, R.A. & Misra, G.(2015).Psychology, New Delhi: Pearson Education India.
- Ciccarelli**, S.K., White, J.N.& Misra, G.(2017).Psychology. New Delhi: Pearson Education India.
- Okon**, Abigail Edem (2019),Introduction to Psychology, University of Calabar.

CORE COURSES

SEMESTER-11

INTRODUCTION TO SOCIAL PSYCHOLOGY

Course Description

Credits-4+2(60 Hours)

- ❖ The Student who opts core subject of Psychology, after completion of the first year, his/her core subject of Psychology will be treated as a generic elective.
- ❖ Objectives: To understand the basic Social psychology and to understand the individual in the social world.

All unites are Compulsary

Marks: 70

Unit 1: Introduction (15 hours)

Nature and Scope of Social Psychology, Levels of Social Behaviour, Approaches towards understanding Social Behaviour.

Socialization: Nature process and agents of socialization, development of self.

Unit 2: Individual level processes (15hours)

Social Norms: Meaning, Characteristics and formation, Person perception

Attitude: Nature, formation, Attitude change and resistance to Attitude change.

Unit3: Interpersonal processes (15 hours)

Aggression: Nature , Interpersonal attraction, prosocial behaviour.

Leadership: Nature, theories: trait, situational and interactional, and characteristics of a good leader.

Unit 4: group dynamics (15hours)

Group: Types and functions, Key aspects of group, cooperation and conflict, collective behaviour: crowd, Audience and types.

Prejudice: Nature, learning prejudices, motives of prejudice, reducing prejudice.

Practical:

1. Sociometry
2. Measurement of attitudes
3. Stereotypes
4. Aggression Scale/ anger scale
5. Leadership Scale
6. Prejudice Scale
7. Temperament
8. Self –concept
9. Altruism scale
10. Social conformity

(5 experiments/tests are to be conducted out of the above mentioned 10 areas from the syllabus.)

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Baron, R.A., Branscombe, N.R., Byrne, D. & Bhardwaj. G(2012), Fundamentals of Social Psychology (12th Edition),Noida: Dorling Kindersley South Asia.

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